

## Anti Racism Parenting: Resources for White Parents of White Kids

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Recently, I've had several white folks, who have heard me talk about anti-racist parenting before, ask where to start with their own anti-racist parenting. Before I was even pregnant, my partner and I made an intentional and conscious decision to weave anti-racism into our parenting from the start. We don't do it perfectly (spoiler alert, that's not possible), but it is part of our daily narrative.

I've heard so much shame from white folks, fear that it's "too late" or that they have been too paralyzed in their discomfort to start this work with their kids. First of all, I'm so glad more folks are wanting to join in on this work. I'm still learning too, every day. I hope that continues for all of us!

Second, the good news is, you don't have to do it all at once! Just like we are still learning, our kids will be learning to dismantle white supremacy every day too. This is a life-long process for all of us.

Here are some of the things I've heard from other white parents about their hesitancy in talking to their kids about race:

**"Why would I want to talk to my kids about race? Shouldn't we just let kids be kids? Shouldn't I teach them not to see color? Aren't they too young? That sounds super uncomfortable... I'm hoping they'll just learn about it in school/life/tv/other places."**

You're right- It is uncomfortable! And, lucky for us, we've had the privilege of not HAVING to talk to our kids about race unless we really want to (which, by the way, is not a privilege BIPOC (Black, Indigenous, People of Color) parents have, who have to teach their kiddos how to be safe from a very early age because of the very real potential for violence towards them. Especially parents of Black sons).

But yea, it is uncomfortable, and we will stumble. We will blush and feel embarrassed and worry that they're going to "say the wrong thing" when they're out in public, or in front of a BIPOC friend (spoiler alert again: they probably will, and how you respond in that moment is worth more than the original statement). I know I have had all of those feelings.

But here's the thing: NOT talking to our kids is WAY more harmful than talking to them. Just like kids connect the dots about other unsaid things, they do so about differences they see as well, whether or not you invite them into conversation about it. And, unfortunately, if we leave it up to media/tv/school etc, we are sending them a VERY negatively biased message about what differences in skin color means.

We teach our kids constantly, every minute we're with them, in a variety of ways. So why wouldn't they deserve to learn about this very real thing that affects a large portion of our country (and the world)? Why wouldn't they deserve to have the tools to be able to have conversations that are important, to be in healthy and not harmful relationships with their BIPOC friends/neighbors/teachers/family and grow into adults who are equipped to not only understand racism and its impact, but also actively work to be anti-racist so that this shit can actually change??? So that when they DO make a mistake/hurt someone who is BIPOC (which they will), they can be open to apologizing, listening and learning, rather than becoming paralyzed with defensiveness.

And, in response to "shouldn't I teach them to see all people as the same or to not see color?"- that's an easy answer. You can't, actually, because a) it's not possible, kids start categorizing and differentiating between people almost immediately after they're born ([here's](#) a great article on that) and b) when you pretend that difference in color doesn't exist, you are [erasing](#) people's identity and lived experience.

Ok, so, now on to the resources! I have broken them up into categories (because, surprise, anti-racist parenting isn't just one thing). There's no particular order, so feel free to scroll through as it feels right. This will be an ever-evolving list. But this is a place to start.

**A Place to Start: Anti-Racist Books + Articles (for our own work, not specifically parenting related but, of course, it's all relevant)- this is NOT an exhaustive list, and if you just want to skip to the anti-parenting resources, feel free to move ahead...**

1. A scaffolded list of anti-racist resources depending on what stage of anti-racism you're in:
  - a. <https://docs.google.com/document/d/1PrAq4iBNb4nVlcTsLcNIW8zjaQXBLkWayL8EaPlh0bc/preview>
2. <https://www.racialequitytools.org/resourcefiles/mcintosh.pdf> - If you haven't done it, "Unpacking the Invisible Knapsack" is a great place to start thinking about privilege
3. White Fragility by Robin DiAngelo  
<https://bookshop.org/books/white-fragility-why-it-s-so-hard-for-white-people-to-talk-about-racism/9780807047415?aid=8247>
4. Me and white supremacy by Layla Saad  
<https://bookshop.org/books/me-and-white-supremacy-combat-racism-change-the-world-and-become-a-good-ancestor/9781728209807?aid=8247>
5. How to Be Anti Racist by Ibram X Kendi  
<https://www.ibramxkendi.com/how-to-be-an-antiracist-1>
6. So You Want to Talk About Race by Ijeoma Oluo  
[https://www.amazon.com/You-Want-Talk-About-Race/dp/1580058825/ref=pd\\_lpo\\_14\\_t\\_2/143-1410355-8324467?\\_encoding=UTF8&pd\\_rd\\_i=1580058825&pd\\_rd\\_r=a8c77b87-60c4-4205-abd7-57f23ca08aee&pd\\_rd\\_w=iXuid&pd\\_rd\\_wg=aiqq8&pf\\_rd\\_p=7b36d496-f366-4631-94d3-61b87b52511b&pf\\_rd\\_r=KG86Z558CB153CV56FFX&pvc=1&refRID=KG86Z558CB153CV56FFX](https://www.amazon.com/You-Want-Talk-About-Race/dp/1580058825/ref=pd_lpo_14_t_2/143-1410355-8324467?_encoding=UTF8&pd_rd_i=1580058825&pd_rd_r=a8c77b87-60c4-4205-abd7-57f23ca08aee&pd_rd_w=iXuid&pd_rd_wg=aiqq8&pf_rd_p=7b36d496-f366-4631-94d3-61b87b52511b&pf_rd_r=KG86Z558CB153CV56FFX&pvc=1&refRID=KG86Z558CB153CV56FFX)

7. <https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/>  
The Case for Reparations - Ta-Nehisi Coates
8. 75 Things White People Can Do for Racial Justice  
<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>
9. <https://newjimcrow.com>

### **A FEW Articles to Start with to Read on Anti-Racist Parenting:**

1. <https://inclusions.org/wp-content/uploads/2017/11/Children-are-Not-Colorblind.pdf>  
Children Are Not Colorblind - discusses developmental stages of children in regards to recognizing race/difference
2. <https://www.mothersmag.com/anti-racist/> "Ten Ways to be an Anti Racist Parent, Starting Right Now"- has several linked articles/books that are fantastic
3. <https://www.momsrising.org/blog/ten-tips-for-teaching-and-talking-to-kids-about-race> - Another 10 tips for how to talk to kids about race, great info graphics
4. [https://072bc434-41d6-41ab-b249-9180c67fb60f.filesusr.com/ugd/5be363\\_f5d9bdf09e2d4f6eaba09a8c193f5199.pdf](https://072bc434-41d6-41ab-b249-9180c67fb60f.filesusr.com/ugd/5be363_f5d9bdf09e2d4f6eaba09a8c193f5199.pdf) Dear White Women by Rachel Cargle- a letter to White Women where she really breaks down racism and the role of White women in particular
5. <https://socialjusticebooks.org/teaching-young-children-about-race/> - in particular talks about parenting young children
6. <https://www.todaysparent.com/family/parenting/your-kids-are-learning-about-race-right-now-make-sure-theyre-learning-the-right-things/>
7. <https://www.washingtonpost.com/lifestyle/2020/05/22/we-need-more-white-parents-talk-to-their-kids-about-race-especially-now/>
8. <https://www.mothersmag.com/making-non-white-friends/>
9. <https://niotprinceton.org/2020/06/07/anti-racist-rather-than-inclusive-parenting/>

### **Anti-Racist Parenting Websites:**

1. <https://www.embracerace.org/resources/teaching-and-talking-to-kids> this article and the site in general
2. Great resources from PBS <https://www.pbs.org/parents/talking-about-racism>
3. <https://www.teachingforchange.org/>
4. <https://www.tolerance.org/learning-plan/antiracist-education>
5. Consciouskids.com
6. <https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism>
7. <https://www.matermea.com/>
8. A psychologist's perspective on talking to kids about race/protests:  
<https://www.vox.com/identities/2020/6/9/21283715/how-to-talk-kids-racism-race-protests>
9. <https://www.goodreads.com/book/show/12220009-we-march>
10. <https://nmaahc.si.edu/learn/talking-about-race>

11. <https://www.parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fig-ht-hate-an-age-by-age-guide/> - Guide by Specific Age

**For Adults: Anti-Racist Parenting/Relevant Books:**

1. Raising White Kids by Jennifer Harvey  
<https://www.amazon.com/Raising-White-Kids-Bringing-Children/dp/1501856421>
2. Why Are All The Black Kids Sitting Together In the Cafeteria  
[https://www.amazon.com/Black-Kids-Sitting-Together-Cafeteria/dp/0465060684/ref=pf\\_rd\\_p=7b36d496-f366-4631-94d3-61b87b52511b&pf\\_rd\\_r=PVEZXZ6K8VMD11RJ9KWH8&psc=1&refRID=PVEZXZ6K8VMD11RJ9KWH8](https://www.amazon.com/Black-Kids-Sitting-Together-Cafeteria/dp/0465060684/ref=pf_rd_p=7b36d496-f366-4631-94d3-61b87b52511b&pf_rd_r=PVEZXZ6K8VMD11RJ9KWH8&psc=1&refRID=PVEZXZ6K8VMD11RJ9KWH8)

**Social Media to Follow:**

- General Anti-racism:

<p><b>Instagram:</b>  @wokebrownfem  @nowhitesaviours  @theimtiredproject  @rachel.cargle  @advancementproject  @britthawthorne  @indyamoore  @wearyourvoice  @ckyourprivilege  @alokvmenon  @theunapologeticallybrownseries  @austinchanning  @theconsciouskid  @antiracismctr  @_nickyflash_  @heyqueenyoucute  @bellhooks  @thenewjimcrow  @ibramxk  @roxannegay74  @taranaburke</p>	<p><b>Twitter:</b>  @clintsmithIII  @keeangayamahtta  @Drlbram  @MsPackyetti  @JBouie  @thearmchaircom  @RevJacquiLewis  @drchanequa  @ava  @YNPierce  @esglaude  @jemelehill  @_nickyflash_  @nhannahjones  @professorcrunk  @divafeminist  <a href="https://twitter.com/TaNehisiCoats">https://twitter.com/TaNehisiCoats</a></p>
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\*Primarily from working document with a few added:

<https://docs.google.com/document/d/1PrAq4iBNb4nVlCtsLcNIW8zjaQXBLkWayL8EaPIh0bc/prview>

- Social media specific to anti-racist parenting:
  - Instagram:
    - @britthawthorne
    - @theconsciouskid
    - @rachelcargle
    - @jodiepatterson
    - @blackmamasmatter

### **Podcasts for Adults About Anti-racist Parenting:**

- <https://www.raisingfreepeople.com/podcast/>
- <https://integratedschools.simplecast.com/episodes/harvey>
- <https://www.npr.org/2019/04/24/716700866/talking-race-with-young-children>
- <https://radiopublic.com/my-american-meltingpot-G3dDMA/s1!bde98>
- <https://therapyforblackgirls.com/2020/03/25/session-148-talking-to-kids-about-race/>
- <https://www.kqed.org/mindshift/54150/teaching-6-year-olds-about-privilege-and-power>
- <https://drrobysilverman.com/how-to-talk-to-white-kids-about-race-racism-with-dr-margaret-hagerman/>
- <https://longestshortesttime.com/episode-116-how-to-not-accidentally-raise-a-racist/>
- <https://www.lemonadamedia.com/podcast/how-to-raise-antiracist-kids-with-nzinga-harris-on/>

### **Podcasts for Kids About Anti-racism:**

- <https://app.kidslisten.org/pod/Activist-You>
- <https://alphabetrockers.com/podcast>
- Code Switch for Kids (10+)
  - <https://www.npr.org/sections/codeswitch/2020/05/05/850777529/the-very-best-code-switch-episodes-for-kids>

### **BOOKS FOR KIDS:**

#### **Childrens' Books That Are Specifically Anti-Racist or Discuss History of Race in America:**

To Start:

- <https://socialjusticebooks.org/>, in particular here is an article about how to select for anti-bias children's books
  - <https://socialjusticebooks.org/guide-for-selecting-anti-bias-childrens-books/>
- Curated book lists, broken down by categories such as "Cuba" or Civil Rights Teaching"
  - a. <https://socialjusticebooks.org/booklists/>
  - <https://thebrownbookshelf.com/>

### For Young Kids/Babies:

- <https://us.macmillan.com/books/9781250308986>- Woke Baby
- <https://www.goodreads.com/book/show/52535437-antiracist-baby> Antiracist Baby
- [https://aisforactivist.org/childrens\\_books\\_for\\_the\\_99/a-is-for-activist/](https://aisforactivist.org/childrens_books_for_the_99/a-is-for-activist/) A Is For Activist
- [https://www.goodreads.com/book/show/220396.More\\_More\\_More\\_Said\\_the\\_Baby](https://www.goodreads.com/book/show/220396.More_More_More_Said_the_Baby) More More More Said the Baby
- [https://www.goodreads.com/en/book/show/109949.We\\_re\\_Different\\_We\\_re\\_the\\_Same](https://www.goodreads.com/en/book/show/109949.We_re_Different_We_re_the_Same) We're Different We're the Same- from Sesame Street
- <https://diversebookfinder.org/book/intersectionallies-we-make-room-for-all/> Intersection Allies- We Make Room for All
- [https://www.goodreads.com/book/show/268111.Let\\_s\\_Talk\\_about\\_Race](https://www.goodreads.com/book/show/268111.Let_s_Talk_about_Race)
- <https://akidsbookabout.com/products/a-kids-book-about-racism>
- <https://socialjusticebooks.org/all-the-colors-we-are-story-skin-color/> - one of my favorites, discusses skin color in scientific terms with beautiful photographs

### For Older Kids: Elementary to Teen:

- <https://www.commonensemedia.org/book-reviews/the-hate-u-give>
- <https://www.commonensemedia.org/book-reviews/heart-and-soul-the-story-of-america-and-african-americans>
- <https://www.commonensemedia.org/book-reviews/we-are-the-ship-the-story-of-negro-league-baseball>
- <https://www.goodreads.com/book/show/51942425-black-brother-black-brother>
- <https://www.goodreads.com/en/book/show/45730968-this-book-is-anti-racist>
- <https://anastasiahigginbotham.com/not-my-idea/>
- <http://jewellparkerrhodes.com/children/books/ghost-boys/>
- <https://www.goodreads.com/en/book/show/52855111-this-is-my-america>
- <https://www.goodreads.com/en/book/show/52220686-stamped>
- <https://www.goodreads.com/book/show/49151299-punching-the-air>
- <https://www.apa.org/pubs/magination/441B228?tab=4> Something Happened in Our Town

### **Children's Books That Show Black and Brown Characters as the Main Characters or in a Positive Light:**

- <https://www.commonensemedia.org/lists/coretta-scott-king-book-award-winners-> An ongoing list of reviewed diverse books
- <https://socialjusticebooks.org/booklists/> - also a fantastic list
- <https://www.goodreads.com/en/book/show/44280848-black-is-a-rainbow-color>
- [https://www.amazon.com/I-Am-Enough-Grace-Byers/dp/0062667122/ref=pd\\_lutyp\\_rtpb\\_2\\_2/143-1410355-8324467?\\_encoding=UTF8&pd\\_rd\\_i=0062667122&pd\\_rd\\_r=6c58f125-0fdd-47dc-9a12-bdb7135f7939&pd\\_rd\\_w=oRH7A&pd\\_rd\\_wg=3kg0F&pf\\_rd\\_p=a6e2c5e](https://www.amazon.com/I-Am-Enough-Grace-Byers/dp/0062667122/ref=pd_lutyp_rtpb_2_2/143-1410355-8324467?_encoding=UTF8&pd_rd_i=0062667122&pd_rd_r=6c58f125-0fdd-47dc-9a12-bdb7135f7939&pd_rd_w=oRH7A&pd_rd_wg=3kg0F&pf_rd_p=a6e2c5e)

- [e-564b-4b8f-b08c-386e20fcecea&pf\\_rd\\_r=TK7088K8RMP4Q31WN3AV&psc=1&refRID=TK7088K8RMP4Q31WN3AV](https://www.amazon.com/Hair-Love-Matthew-Cherry/dp/0525553363/ref=pd_bxgy_img_2/143-1410355-8324467?_encoding=UTF8&pd_rd_i=0525553363&pd_rd_r=dc57ed55-761a-4e5e-9196-51edc41eebb1&pd_rd_w=i6qC2&pd_rd_wg=6yhCZ&pf_rd_p=4e3f7fc3-00c8-46a6-a4db-8457e6319578&pf_rd_r=7YVV63RC6C0ZD2RG802Q&psc=1&refRID=7YVV63RC6C0ZD2RG802Q)
- [https://www.amazon.com/Hair-Love-Matthew-Cherry/dp/0525553363/ref=pd\\_bxgy\\_img\\_2/143-1410355-8324467?\\_encoding=UTF8&pd\\_rd\\_i=0525553363&pd\\_rd\\_r=dc57ed55-761a-4e5e-9196-51edc41eebb1&pd\\_rd\\_w=i6qC2&pd\\_rd\\_wg=6yhCZ&pf\\_rd\\_p=4e3f7fc3-00c8-46a6-a4db-8457e6319578&pf\\_rd\\_r=7YVV63RC6C0ZD2RG802Q&psc=1&refRID=7YVV63RC6C0ZD2RG802Q](https://www.amazon.com/Skin-Like-Mine-Kids/dp/0997157984/ref=pd_bxgy_img_3/143-1410355-8324467?_encoding=UTF8&pd_rd_i=0997157984&pd_rd_r=31df7972-0acd-4604-af52-05fe9c3a0bc3&pd_rd_w=83VFn&pd_rd_wg=hn8lZ&pf_rd_p=4e3f7fc3-00c8-46a6-a4db-8457e6319578&pf_rd_r=ZVVFDFPCSGC2NGGDQHGC&psc=1&refRID=ZVVFDFPCSGC2NGGDQHGC)
- [https://www.amazon.com/Skin-Like-Mine-Kids/dp/0997157984/ref=pd\\_bxgy\\_img\\_3/143-1410355-8324467?\\_encoding=UTF8&pd\\_rd\\_i=0997157984&pd\\_rd\\_r=31df7972-0acd-4604-af52-05fe9c3a0bc3&pd\\_rd\\_w=83VFn&pd\\_rd\\_wg=hn8lZ&pf\\_rd\\_p=4e3f7fc3-00c8-46a6-a4db-8457e6319578&pf\\_rd\\_r=ZVVFDFPCSGC2NGGDQHGC&psc=1&refRID=ZVVFDFPCSGC2NGGDQHGC](https://www.amazon.com/Skin-Like-Mine-Kids/dp/0997157984/ref=pd_bxgy_img_3/143-1410355-8324467?_encoding=UTF8&pd_rd_i=0997157984&pd_rd_r=31df7972-0acd-4604-af52-05fe9c3a0bc3&pd_rd_w=83VFn&pd_rd_wg=hn8lZ&pf_rd_p=4e3f7fc3-00c8-46a6-a4db-8457e6319578&pf_rd_r=ZVVFDFPCSGC2NGGDQHGC&psc=1&refRID=ZVVFDFPCSGC2NGGDQHGC)
- <https://www.goodreads.com/book/show/23992473-counting-on-community>

### **Children's Books/Media That Lifts Up Freedom Fighters (Including White Freedom Fighters):**

- Three part graphic novels from John Lewis about the fight for civil rights in the 1960s, for 12+ age group
  - <https://www.commonensemedia.org/book-reviews/march-book-three>
- <https://www.commonensemedia.org/book-reviews/the-book-itch-freedom-truth-and-harlems-greatest-bookstore> - about a book store during the civil rights movements in Harlem
- <https://www.commonensemedia.org/book-reviews/i-have-a-dream-0>
- <https://www.commonensemedia.org/book-reviews/nelson-mandela>
- <https://www.commonensemedia.org/book-reviews/bad-news-for-outlaws-the-remarkable-life-of-bass-reeves>
- <https://www.commonensemedia.org/book-reviews/hand-in-hand-ten-black-men-who-changed-america>
- <https://www.goodreads.com/book/show/37975414-what-can-a-citizen-do>
- <https://www.goodreads.com/book/show/38251354-just-mercy-adapted-for-young-adults>
- [https://www.amazon.com/gp/product/1950587029/ref=as\\_li\\_qf\\_asin\\_il\\_tl?ie=UTF8&tag=smithsonianco-20&creative=9325&linkCode=as2&creativeASIN=1950587029&linkId=f9e555dac3b1310a9b1b35fc3a86ef20](https://www.amazon.com/gp/product/1950587029/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=smithsonianco-20&creative=9325&linkCode=as2&creativeASIN=1950587029&linkId=f9e555dac3b1310a9b1b35fc3a86ef20) My First Book of Protest
- <https://www.goodreads.com/book/show/41946103-enough-20-protesters-who-changed-america>
- [https://www.goodreads.com/book/show/315882.Henry\\_s\\_Freedom\\_Box?from\\_search=true&search\\_version=service](https://www.goodreads.com/book/show/315882.Henry_s_Freedom_Box?from_search=true&search_version=service)
- <https://www.goodreads.com/en/book/show/6386341-john-brown>
- <https://www.amazon.com/Harriet-Tubman-Ordinary-People-Change/dp/073522871X> - Harriet Tubman
- [https://www.amazon.com/Martin-Luther-Ordinary-People-Change/dp/0525428526/ref=pd\\_lpo\\_14\\_t\\_0/143-1410355-8324467?\\_encoding=UTF8&pd\\_rd\\_i=0525428526&pd\\_rd\\_r=5a088413-31fb-48bc-8276-8e79edeb1065&pd\\_rd\\_w=HRHES&pd\\_rd\\_wg=o3YWV&pf\\_r](https://www.amazon.com/Martin-Luther-Ordinary-People-Change/dp/0525428526/ref=pd_lpo_14_t_0/143-1410355-8324467?_encoding=UTF8&pd_rd_i=0525428526&pd_rd_r=5a088413-31fb-48bc-8276-8e79edeb1065&pd_rd_w=HRHES&pd_rd_wg=o3YWV&pf_r)



[d\\_p=7b36d496-f366-4631-94d3-61b87b52511b&pf\\_rd\\_r=2CAB7MXMD20T6TWBK91C](https://www.amazon.com/dp/B072V4QDCF/ref=as_li_ss_tl?encoding=UTF8&pf_rd_r=2CAB7MXMD20T6TWBK91C&psc=1&refRID=2CAB7MXMD20T6TWBK91C) &psc=1&refRID=2CAB7MXMD20T6TWBK91C - MLK

- [https://www.amazon.com/Parks-Ordinary-People-Change-World/dp/0803740859/ref=pd\\_lpo\\_14\\_t\\_1/143-1410355-8324467?\\_encoding=UTF8&pd\\_rd\\_i=0803740859&pd\\_rd\\_r=5a088413-31fb-48bc-8276-8e79edeb1065&pd\\_rd\\_w=HRHES&pd\\_rd\\_wg=o3YWV&pf\\_rd\\_p=7b36d496-f366-4631-94d3-61b87b52511b&pf\\_rd\\_r=2CAB7MXMD20T6TWBK91C&psc=1&refRID=2CAB7MXMD20T6TWBK91C](https://www.amazon.com/Parks-Ordinary-People-Change-World/dp/0803740859/ref=pd_lpo_14_t_1/143-1410355-8324467?_encoding=UTF8&pd_rd_i=0803740859&pd_rd_r=5a088413-31fb-48bc-8276-8e79edeb1065&pd_rd_w=HRHES&pd_rd_wg=o3YWV&pf_rd_p=7b36d496-f366-4631-94d3-61b87b52511b&pf_rd_r=2CAB7MXMD20T6TWBK91C&psc=1&refRID=2CAB7MXMD20T6TWBK91C) - Rosa Parks
- [https://www.amazon.com/dp/B072V4QDCF/ref=as\\_li\\_ss\\_tl?encoding=UTF8&btkr=1&linkCode=sl1&tag=wwwmothermagc-20&linkId=1b5613897569a0a835882675636841e4&language=en\\_US](https://www.amazon.com/dp/B072V4QDCF/ref=as_li_ss_tl?encoding=UTF8&btkr=1&linkCode=sl1&tag=wwwmothermagc-20&linkId=1b5613897569a0a835882675636841e4&language=en_US) Little Leaders (heroic Black women in America)

### **Movies + Shows for Kids that Center Black and Brown Characters:**

- A great list by age:  
<https://www.matermea.com/blog/35-black-kids-tv-shows-you-can-watch-right-now>
- Another great list:  
[https://www.huffpost.com/entry/6-diverse-childrens-cartoons\\_b\\_4060367](https://www.huffpost.com/entry/6-diverse-childrens-cartoons_b_4060367)
- Coco - Disney <https://movies.disney.com/coco> - If you haven't watched this movie, STOP EVERYTHING AND DO IT IMMEDIATELY (and bring tissues)
- Moana - Disney <https://movies.disney.com/moana> (same instructions as above)
- The Princess and the Frog - Disney  
[https://www.imdb.com/title/tt0780521/?ref\\_=nv\\_sr\\_1?ref\\_=nv\\_sr\\_1](https://www.imdb.com/title/tt0780521/?ref_=nv_sr_1?ref_=nv_sr_1)
- Spider Man: Into the Spider Verse <https://www.netflix.com/title/81002747>
- <https://www.netflix.com/title/70099120> The Long Shots
- [https://www.imdb.com/title/tt10540242/?ref\\_=nv\\_sr\\_srsq\\_0](https://www.imdb.com/title/tt10540242/?ref_=nv_sr_srsq_0) The Main Event
- <https://www.netflix.com/title/80179782> Captain Underpants
- Super Monsters <https://www.netflix.com/title/80124711>
- Motown Magic <https://www.netflix.com/title/80134440>

\*\*\* Watch shows/movies with your kids when you can, so you can discuss it with them. Try to intentionally watch shows that center BIPOC. But, even when you don't, talk about the show/movie. (For example, if you notice that all of the characters in a show or movie are white, you can bring curiosity into the experience by stating that, or wondering it outloud aka "Hmm, I wonder why all the characters in this show are white?" - it can open up some great discussions with your kiddos.)

### **Movies for Us To Watch About Parenting and Racism:**

1. When They See Us <https://www.netflix.com/title/80200549>
2. Four Little Girls  
[https://www.amazon.com/4-Little-Girls-Spike-Lee/dp/B00KG2RCS0/ref=as\\_li\\_ss\\_tl?ie=UTF8&linkCode=sl1&tag=wwwmothermagc-20&linkId=99fb6aa84c99af57bb7bdad58fc00990&language=en\\_US](https://www.amazon.com/4-Little-Girls-Spike-Lee/dp/B00KG2RCS0/ref=as_li_ss_tl?ie=UTF8&linkCode=sl1&tag=wwwmothermagc-20&linkId=99fb6aa84c99af57bb7bdad58fc00990&language=en_US)



3. 13th <https://www.netflix.com/title/80091741> - an amazing documentary about why racism is insidious, systemic, and still relevant today
4. Just Mercy
5. The Central Park Five

### **Toys that Center Black and Brown Folks:**

- <https://www.notimeforflashcards.com/2016/12/diverse-toys.html> - multiple multicultural toys
- <https://www.amazon.com/dp/1846865379?tag=theeverymo-4-BG-20> - puzzle
- Crayons in various skin colors:  
[https://www.amazon.com/Crayola-Ultraclean-Multicultural-Markers-Count/dp/B00IYDMBRA/ref=sr\\_1\\_2?dchild=1&keywords=multicultural&qid=1591990823&s=toys-and-games&sr=1-2](https://www.amazon.com/Crayola-Ultraclean-Multicultural-Markers-Count/dp/B00IYDMBRA/ref=sr_1_2?dchild=1&keywords=multicultural&qid=1591990823&s=toys-and-games&sr=1-2)
- Anti racist coloring book :  
[https://www.amazon.com/Anti-Racism-Starts-At-Home/dp/B089M5B42F/ref=sr\\_1\\_22\\_ss\\_pa?dchild=1&gclid=EAlalQobChMI9rK5mlT96QIVdIFaBR2tfwPEEAMYASAAEgJNh\\_D\\_BwE&hvadid=190538452498&hvdev=c&hvlocphy=9010329&hvnetw=g&hvqmt=b&hvrand=10156269456853171320&hvtargid=kwd-295771925169&hydadcr=24664\\_9649023&keywords=anti+racism&qid=1591990910&sr=8-22-spons&tag=googhydr-20&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEwNTNPVIZRMU5BNE9BJmVuY3J5cHRIZEIkPUEwNDYwNDEwMzYyS0gwTFNaUzNUUSZlbnNyeXB0ZWRBZEIkPUEwNTQ5NDAyMUQ4Wk9EMzJWMU5ZOSZ3aWRnZXROYW1lPXNwX2J0ZiZhY3Rpb249Y2xpY2tSZWRpcmVjdCZkb05vdExvZ0NsaWNrPXRydWU=](https://www.amazon.com/Anti-Racism-Starts-At-Home/dp/B089M5B42F/ref=sr_1_22_ss_pa?dchild=1&gclid=EAlalQobChMI9rK5mlT96QIVdIFaBR2tfwPEEAMYASAAEgJNh_D_BwE&hvadid=190538452498&hvdev=c&hvlocphy=9010329&hvnetw=g&hvqmt=b&hvrand=10156269456853171320&hvtargid=kwd-295771925169&hydadcr=24664_9649023&keywords=anti+racism&qid=1591990910&sr=8-22-spons&tag=googhydr-20&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUEwNTNPVIZRMU5BNE9BJmVuY3J5cHRIZEIkPUEwNDYwNDEwMzYyS0gwTFNaUzNUUSZlbnNyeXB0ZWRBZEIkPUEwNTQ5NDAyMUQ4Wk9EMzJWMU5ZOSZ3aWRnZXROYW1lPXNwX2J0ZiZhY3Rpb249Y2xpY2tSZWRpcmVjdCZkb05vdExvZ0NsaWNrPXRydWU=)
- <https://www.matermea.com/blog/black-dolls-made-for-black-kids>

### **Where to Donate/Support/Action Items (Because we lead by example... talk about these actions with your kiddos)**

[https://docs.google.com/document/d/1tL9\\_huJWJ\\_iekHzK5PShI00u-C25w0jrExhpJpuNHII/edit](https://docs.google.com/document/d/1tL9_huJWJ_iekHzK5PShI00u-C25w0jrExhpJpuNHII/edit)